Date  
Name

Dear Sofia,

I am so sorry for hurting your feelings and making you sad. I love you but I never express properly. Instead, whenever you try to express your love, I reject you. I do not know why my feelings are so suppressed. I feel something but cannot express it.

I know how hard it is when the person you love hurt your feelings. I realized it when you said that you do not want to continue with this relationship.

Sofia, I cannot live without you! Even the thought makes me want to kill myself. I have tried calling you so many times but you never pick up which is why I am writing this letter and will slip it under your door. I hope you will read it and forgive me this time.

I am so sorry!

Love,

Ryan.