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| 1. **Clothing**  * 2-3 Tops (e.g., T-shirt, blouse, sweater) * 2 Bottoms (e.g., pants, shorts, skirt) * 1 Pair of Shoes (comfortable for walking, e.g., sneakers or flats) * 1 Pair of Sandals (optional, if needed) * 1 Jacket or Layering Piece (light jacket or sweater) * 3 Pairs of Underwear * 2 Pairs of Socks * 1 Pajama Set * 1 Hat or Cap (optional)  2. **Toiletries**  * Toothbrush and Toothpaste * Shampoo and Conditioner (small travel bottles) * Soap or Body Wash * Deodorant * Face Wash or Cleanser * Moisturizer * Razor (if needed) * Hairbrush or Comb  3. **Electronics**  * Phone and Charger * Headphones or Earbuds * Power Bank (small portable charger) * Universal Power Adapter (if traveling internationally)  4. **Travel Documents**  * Passport or ID * Boarding Passes or Travel Itinerary * Credit Cards and Cash (local currency) * Travel Insurance (optional) | 5. **Miscellaneous**  * Sunglasses * Reusable Water Bottle * Book or Journal (if desired) * Small Bag or Backpack (for day trips)  6. **Optional Extras**  * Lightweight Scarf or Shawl * Camera (if preferred over phone) * Snacks (e.g., granola bars, nuts) |

The minimalist packing list focuses on versatility, comfort, and practicality while reducing unnecessary items. You can adjust it based on the length of your trip, weather conditions, or specific activities you plan to do.