|  |  |
| --- | --- |
| 1. **Travel Documents**  * Passport (valid for at least 6 months) * Visa (if required) * Flight tickets (printed or digital) * Travel insurance policy * Vaccination certificates (e.g., COVID-19, Yellow Fever) * Driver’s license or international driving permit (if needed) * Hotel reservations or accommodation details * Emergency contact information * Copies of important documents (physical and digital)  2. **Money and Payment Options**  * Local currency * Credit and debit cards (inform bank about travel) * Currency converter app or pocket calculator * Travel wallet or money belt  3. **Clothing**  * Tops (e.g., t-shirts, blouses, shirts) – 5-7 pieces * Bottoms (e.g., pants, skirts, shorts) – 3-4 pieces * Underwear and socks – enough for 7 days * Sleepwear * Light jacket or sweater * Formal wear (if needed) * Weather-specific clothing (e.g., raincoat, thermal wear) * Swimwear * Comfortable travel outfit  4. **Footwear**  * Comfortable walking shoes * Dress shoes (if required) * Sandals or flip-flops  5. **Toiletries**  * Toothbrush and toothpaste * Shampoo and conditioner (travel-sized) * Soap or body wash * Deodorant * Skincare products (cleanser, moisturizer, sunscreen) * Hairbrush or comb * Razor and shaving cream * Feminine hygiene products & Travel Towel | 6. **Medications and Health Supplies**  * Prescription medications (with a copy of the prescription) * Over-the-counter medicines (e.g., pain relievers, allergy meds) * First-aid kit (band-aids, antiseptic, gauze) * Hand sanitizer * Face masks * Insect repellent (if applicable)  7. **Electronics**  * Smartphone and charger * Power bank * Universal travel adapter * Laptop or tablet (if needed) * Camera and accessories (e.g., extra batteries, memory cards) * Noise-canceling headphones or earphones * Travel-friendly e-reader or book  8. **Carry-On Essentials**  * Travel pillow and blanket * Eye mask and earplugs * Snacks and water bottle (empty for airport security) * Entertainment (e.g., book, magazine, downloaded shows) * Extra set of clothes (in case of delays)  9. **Destination-Specific Items**  * Guidebook or travel map * Language translation app or phrasebook * Local SIM card or portable Wi-Fi device * Weather-appropriate gear (e.g., umbrella, gloves, hat)  10. **Miscellaneous**  * Luggage locks * Travel laundry kit (e.g., detergent, sink stopper) * Packing cubes or compression bags * Small daypack or backpack * Souvenir bag (foldable) |